

Harmony Week — Factual Source Notes

Name / chosen name: _____

Scope and review

Reviewed 2 October 2026. Original wording and illustration assets are independent of official Harmony Week branding. The resources celebrate belonging while recognising cultural diversity and respect.

Food, instrument and game connections are examples, not rules about individuals. No person represents a whole culture. Sacred designs, cultural costumes and compulsory identity disclosure are excluded.

Harmony Week

[Home Affairs — About Harmony Week](#): the published 2026 dates are 16–22 March. The site explains belonging, cultural diversity, respect and orange's association with communication. Dates appear on the website, not the evergreen student artwork.

Language examples

[European Commission — Europe, Organising together](#): eight language examples use checked daytime greetings and thank-you forms. Different greetings suit different contexts. These examples are a starting set, not a complete list of languages in Australia.

Maps

[Natural Earth — public-domain data](#). Coastlines use generalised 1:110m land polygons, with no political borders. Very small islands may be omitted. The Australia outline includes mainland Australia and Tasmania.

Respect and safe support

[Australian Human Rights Commission — classroom racism resources](#). Fictional scenarios introduce fair treatment and safe support; adults remain responsible for addressing harmful behaviour.

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Food references

Dumplings

The illustrated version has a dough wrapper and filling. The broad term also includes unfilled dough pieces; avoid assigning all dumplings to one country.

[Read the food source](#)

Tacos

Associated with Mexican cookery. Our picture shows soft tortillas and vegetable fillings; recipes and fillings vary.

[Read the food source](#)

Sushi

Associated with Japan and made with seasoned rice. Sushi is not a synonym for raw fish; many versions use other ingredients.

[Read the food source](#)

Pasta

Shaped dough cooked as food; strongly associated with Italian cookery and used widely. The pictured spirals are one shape.

[Read the food source](#)

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Food references

Curry

A broad English term covering varied seasoned Asian dishes, especially Indian connections, and adaptations elsewhere. It does not name a single recipe.

[Read the food source](#)

Falafel

Associated with Middle Eastern cookery. Versions use chickpeas, fava beans or combinations; avoid exclusive ownership or a single disputed origin.

[Read the food source](#)

Phở

A Vietnamese noodle soup with regional and individual variations. The illustration is a simplified vegetable version, not an authenticity claim.

[Read the food source](#)

Pavlova

A meringue dessert associated with Australia and New Zealand. The source discusses historical claims; the activity makes no exclusive invention claim.

[Read the food source](#)

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Food references

Flatbread

Bread made in a flattened shape. Many traditions have versions; the plain pictured breads are deliberately not assigned to a single country.

[Read the food source](#)

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Music references

Guitar

Associated with Spain and played in many places. Pluck or strum strings.

[Read the music source](#)

Djembe

A goblet-shaped drum associated with West Africa. Strike the head with hands.

[Read the music source](#)

Tabla

A pair of drums associated with North Indian music. Strike the heads with fingers and hands.

[Read the music source](#)

Ukulele

Associated with Hawai'i, with Portuguese instrument connections. Pluck or strum four strings.

[Read the music source](#)

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Music references

Erhu

A two-string bowed instrument associated with China. Move a bow across strings.

[Read the music source](#)

Panpipes

Sets of pipes occur in many places, including the Andes. Blow across open tubes.

[Read the music source](#)

Oud

A short-necked lute played across the Middle East and beyond. Pluck strings with a pick.

[Read the music source](#)

Taiko

Japanese drums of varied sizes; this picture shows one type. Strike with wooden beaters.

[Read the music source](#)

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Music references

Djembe — West African connection

Library of Congress musician record places djembe playing within West African musical experience. It is not a claim that everyone in the region plays this instrument.

[Read the music source](#)

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Games references

Road Tennis

Documented in Barbados; also played elsewhere. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source — printed page 4](#)

Okwe — beginner version

Documented in Nigeria. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source — printed page 14](#)

Three Tins — target practice

Documented in South Africa. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source — printed page 16](#)

Skippyroo Kangaroo

A circle game associated with Australia. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

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Games references

Punchinella — movement copy

A children's game associated with Jamaica. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

Hunt the Ring

Associated with Iraq; also called Mheibes. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

Tuho — paper target version

A pitch-pot game played in Korea, with wider East Asian connections. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

Baraf Paani — freeze tag

A version documented in Pakistan. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

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Games references

Kokla Chapaki — circle chase

Associated with Punjab, India; related games occur elsewhere. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

River or Mountain

A game described in Indian language contexts. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

Red Light, Green Light

Documented in US school play; versions occur in many places. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

Silent Ball — cooperative version

Documented by Playworks in the United States. These are explicitly adapted classroom rules, not complete traditional or tournament rules.

[Read the games source](#)

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Flags references

Austria

red, white, red horizontal bands, top to bottom. Width:height 1.5000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Belgium

black, yellow, red vertical bands, hoist to fly. Width:height 1.1538. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

France

blue, white, red vertical bands, hoist to fly. Width:height 1.5000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Finland

blue Nordic cross on white. Width:height 1.6364. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Official descriptions check order and design; ratios are cross-checked with the national flag records. Colour names make the BW activity equivalent. Printed shades are classroom approximations.

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Flags references

Germany

black, red, gold horizontal bands, top to bottom. Width:height 1.6667. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Italy

green, white, red vertical bands, hoist to fly. Width:height 1.5000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Ireland

green, white, orange vertical bands, hoist to fly. Width:height 2.0000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Netherlands

red, white, blue horizontal bands, top to bottom. Width:height 1.5000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

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Flags references

Poland

white, red horizontal bands, top to bottom. Width:height 1.6000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Romania

blue, yellow, red vertical bands, hoist to fly. Width:height 1.5000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Sweden

yellow Nordic cross on blue. Width:height 1.6000. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

Luxembourg

red, white, light blue horizontal bands, top to bottom. Width:height 1.6667. Classroom colour shades approximate printed appearance; shapes and ordering are checked.

[Read the flags source](#)

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