

Build a Harmony Picnic

Name / chosen name: _____

Choose six of the twenty food cards. Plan an imaginary picnic with different preferences in mind. Pictures are ideas, not recipes or dietary guarantees.

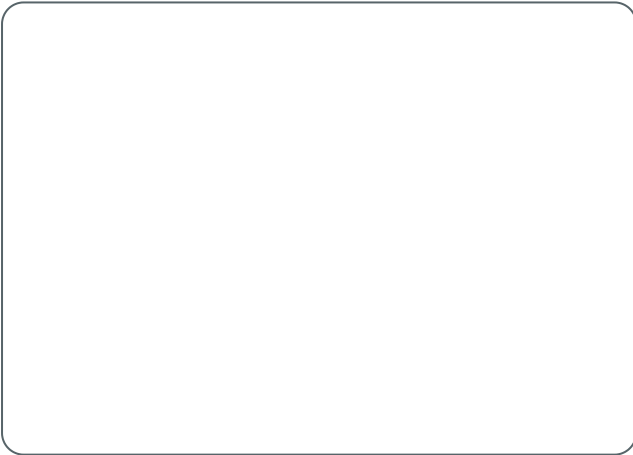
Our six choices



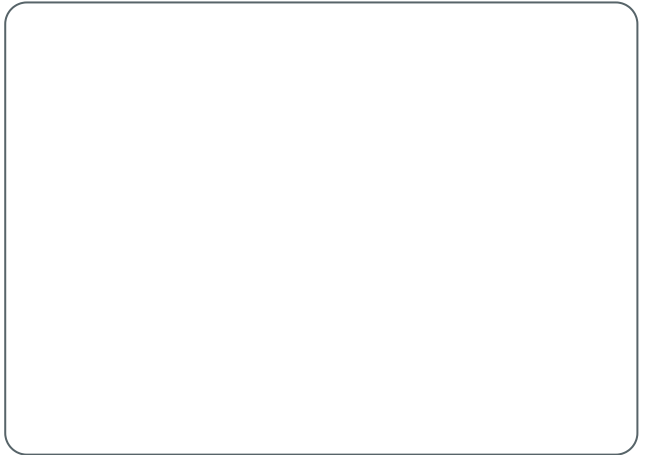
How people can choose comfortably



A non-food activity to include



What we would ask before preparing food



No tasting is required. Educators follow their service's food procedures if real food is used.

Build a Harmony Picnic

Name / chosen name: _____

Cut cards for your imaginary picnic. Choose six; anyone can choose a different option.



Dumplings



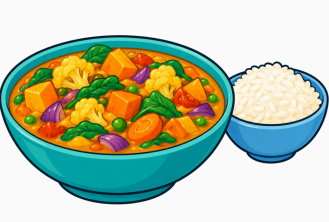
Tacos



Sushi



Pasta



Curry



Falafel



Phở

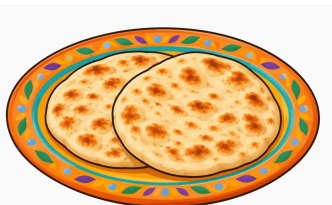


Pavlova

Build a Harmony Picnic

Name / chosen name: _____

Cut cards for your imaginary picnic. Choose six; anyone can choose a different option.



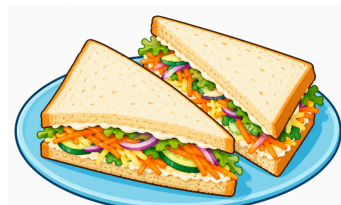
Flatbread



Rice



Fruit



Sandwiches



Salad



Soup



Hummus

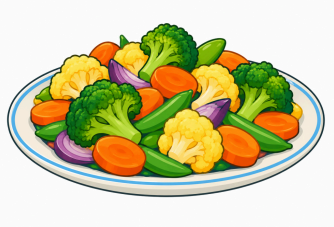


Lentils

Build a Harmony Picnic

Name / chosen name: _____

Cut cards for your imaginary picnic. Choose six; anyone can choose a different option.



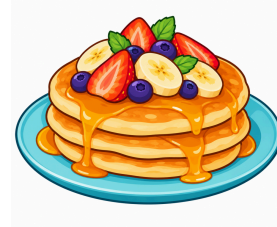
Vegetables



Yoghurt



Noodles



Pancakes