

Kindness Challenge Cards

Name / chosen name: _____

Choose an optional challenge. Ask permission and respect a no. You can draw a fictional example instead. Discuss what made the action respectful.

Help with permission

My real or imagined example:

Say thank you

My real or imagined example:

Invite someone

My real or imagined example:

Listen carefully

My real or imagined example:

Share materials

My real or imagined example:

Encourage a try

My real or imagined example:
